

MECS2032 Beauty, body ideals and eating disorders.

Watch the clip <https://youtu.be/QRp6seV9pYs> (15.54 mins)

Questions:

1. What reasons are given for the ideas of beauty having changed?
2. Why do you think one person keeps quiet about the cosmetic surgery?
3. What is the influence of the media purported to be?
4. How can you apply Hume as to why people might go under cosmetic surgery?
5. Is cosmetic beauty real beauty?

Read the discussion (p.78) from Holland, G. and Tiggemann, M. (2017) Strong Beats Skinny Every Time: Disordered Eating and Compulsive Exercise in Women who post Fitspiration on Instagram. *International Journal of Eating Disorders*. Vol. 50(1), pp. 76-79)

Questions

1. What are the negative associations of extreme exercise?
2. Is posting fitspiration a culturally sanctioned way of rationalising dietary restrictions, disordered eating and over exercising? How acceptable are these in our society?
3. What is body dissatisfaction and thin internalisation?
4. What role do social networking sites play in relation to eating disorders?
5. What kind of images are posted for males and females in relation to fitspiration? Do these differ?

Documentary: Teen Boob jobs: Too Much Too Young. 03/03/2009, ITV, London. Available at: <https://learningonscreen.ac.uk/ondemand/index.php/prog/006A0C1C> [Accessed 24th October 2016]. (30 mins)

Question:

1. Should there be an age limit regarding cosmetic surgery?
2. Is cosmetic surgery a moral issue?